

# ***The Denbighshire Health and Social Care Bulletin***

**January  
2012  
Issue 39**

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## **FAMILIES FIRST INVITATION TO TENDER**

Voluntary and community organisations and consortia are invited to tender to work together to deliver services to improve the lives of vulnerable families in Denbighshire.

The Families First funding replaces Cymorth from April 2012 and all organisations who wish to tender to become programme providers in Denbighshire, should submit their tenders to Denbighshire County Council by 31<sup>st</sup> January 2012.

The strategic projects are:

- Income Maximisation
- Essential Skills and Access to Education, Employment and Training
- Parenting (0-18)
- Family Support Service
- Youth Support (to include Disability provision)
- Young Carers Service (for 1 yr)
- Family Resilience
- Childcare Provision
- Play (including Disability Provision)
- Workforce Development

Please see the full service specification on [www.sell2wales.co.uk](http://www.sell2wales.co.uk) or contact Suzanne Bradley at DVSC for further information (01824 702441, [suzanne@dvsc.co.uk](mailto:suzanne@dvsc.co.uk)).

### **Rule out abuse campaign**

Age Cymru has launched a campaign to lobby for a new law support and protect adults who are at risk of abuse. For more information and to sign up and give your support - <http://www.ageuk.org.uk/cymru/get-involved/make-a-donation3/rule-out-abuse/>





Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

## Help us Keep you Healthy

The Health Board is supporting the Keep Well This Winter campaign and advising people on of the best ways to stay safe when it's cold and icy outside:

- ◆ Dress appropriately and wear sensible footwear
- ◆ Wrap up warm to help keep the cold at bay
- ◆ Stock up on medicine, especially if you have a pre-existing condition such as asthma
- ◆ Check on your neighbours, especially older people to make sure they have everything they need

Although taking these simple precautionary measures can help to prevent illness, it is a fact that people are generally more likely to catch colds and flu in the winter. Therefore, it's even more important that people know how to use the full range of NHS services to keep them well and out of hospital this winter.

Many illnesses can be treated at home using over the counter medicine such as paracetamol and cold/flu remedies, taking plenty of fluids and getting plenty of rest.

Local pharmacists can advise on treating minor conditions such as headaches, sore throats or troublesome coughs and colds, and give face to

face general health advice.

Self care is the best choice to treat very minor illnesses such as colds or coughs. However, for persistent or worsening illness, medical advice should be sought from either your GP or NHS Direct Wales on 0845 46 47 or

[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)

Flu reappears every winter, is highly infectious and spreads fast. For most people, flu is unpleasant but not serious.

The flu jab is a very good way of protecting your health and the health of those close to you. If you are over the age of 65, are in an at-risk group, or are the main carer of an elderly or disabled person you can have a free seasonal flu jab from your GP or Practice Nurse.

## Temporary Service Changes Conwy and Denbighshire

The Health Board have reported that the expected rise in demand over winter combined with issues with recruitment, staff sickness and the financial position mean that action must be taken to consolidate services so that they can continue to work safely and effectively.

In Denbighshire an additional 6 beds will be opened at Ruthin Community Hospital. This will be achieved by temporarily closing the Minor Injuries Unit (MIU). Denbigh Community hospital MIU will continue to operate from 8am – 6pm, Monday to Friday.

Additional capacity at Ysbyty Glan Clwyd Emergency Department will be provided by transferring skilled staff from Colwyn Bay MIU, which will close temporarily.

## Consultation on the draft document 'Together Against Cancer' a national Delivery Plan for the NHS up to 2016

<http://wales.gov.uk/docs/dhss/consultation/111219togetheragcanceren.pdf>

This consultation is seeking comments and views from clinicians, NHS managers and service users.

Cancer remains a top priority for Wales. Over the coming years, around 1 in 3 people will be diagnosed with cancer before age 75 and around 4

in 10 at some stage during their lifetime. Cancer is a common diagnosis and the incidence is increasing. The draft Delivery Plan sets out the Welsh Government's vision for the population of Wales and what this means for NHS cancer services.

How to respond  
Please submit your comments by 05 March 2012, in any of the following ways:

Online form: [Respond using the online form](#)

Email

[adultsandchildrenshealth@wales.gsi.gov.uk](mailto:adultsandchildrenshealth@wales.gsi.gov.uk)

Post Adult and Children's Health, Medical Directorate, Welsh Government, Cathays Park, Cardiff, CF10 3NQ  
Telephone: 029 2082 3485.

There is also a more detailed technical document developed by our clinical advisory structures, which you may want to take account of when considering the draft Plan. This technical document can be accessed on the [Cancer NSAG Core Team's website](#).

## NEW NHS “HOME FROM HOSPITAL” MEDICINES SERVICE LAUNCHED IN WELSH COMMUNITY PHARMACIES

A new NHS Wales “Home From Hospital” medicines service that has been available since 1st November 2011 has been welcomed by Community Pharmacy Wales (CPW).

The new NHS Wales **Discharge Medicines Review Service** is designed to ensure that people returning home from hospital or other care settings continue to receive their correct medicines. The service will enable hospitals, nursing and care homes as well patients themselves to take or send a copy of the Discharge Advice Letter, which was only sent to their GP, to the local pharmacy. The pharmacist will then check that future prescriptions issued by the surgery include all the medication the patient needs to treat their conditions.

Prior to November the Discharge Advice Letter was given to the patient when they left hospital and a copy is sent to their GP. Studies have shown that at least a quarter of the letters fail to reach the surgery within two weeks by which time a new prescription is issued containing incorrect medicines. This often results in patients having to be re-admitted as a result of not taking the correct medication.

The service will provide that where a copy of the letter is provided to the patient’s nominated pharmacy, the pharmacy will arrange to meet, or have a confidential telephone conversation with the patient or the patient’s nominated relative, carer or representative.

Further details of the service are available on the (CPW) website  
[www.cpwales.org.uk](http://www.cpwales.org.uk)

## WCVA Regional Policy Events - The Sustainable Development Bill and the Natural Environment Framework.



These events offer the third sector a chance to get involved in thinking for the long term about the wellbeing of our citizens, our economy and our environment, building a better future for Wales.

- ◆ Thursday 26 January 2012 – Morfa Hall, Rhyl

The challenges we face include a sustainable economy, tackling deprivation, quality public services, promoting social justice, and making sure we live within our planet’s ability to support us – all within financial constraints.

We can do this by using sustainable development principles to make our decisions, and this is what the Welsh Government intends to achieve through bringing forward the Sustainable Development Bill.

The morning session will help the third sector to understand why sustainable development is relevant to them and how they can shape the proposed legislation to ensure it works for citizens of Wales. The afternoon session provides an opportunity for the sector to understand why the natural environment is also an essential part of our communities’ wellbeing.

Participants can attend either or both of the sessions.

For booking forms and further information on the workshops please visit [www.wcva.org.uk](http://www.wcva.org.uk), email [eventsadmin@wcva.org.uk](mailto:eventsadmin@wcva.org.uk) or contact WCVA’s Helpdesk on 0800 2888 329.

**Update on HM Stanley Hospital - December 2011**

This Brief is to update you on the relocation of services from the H.M. Stanley site.

The Clinical services involved include ophthalmology, stroke rehabilitation and day hospital, together with general outpatient clinics.

The BCUHB Project Team is most grateful for the support provided by the Community Health Council to progress the Implementation Phase of the project and facilitate the reprovision of services.

Services have been relocated in a phased way to ensure that clinical safety and service quality have been maintained throughout. Progress as at December 2011 is briefly described below:

**Phase 1:** Stroke Rehabilitation - Stroke rehabilitation services relocated to Glan Clwyd in May 2011. Construction work was completed to co-locate rehabilitation services adjacent to the acute stroke service in line with clinical best practice guidelines. Plans for a Conservatory and garden have been identified as a priority and are now being taken forward to

complement patient experience and care.

**Phase 2:** Outpatients - On 13th June 2011 the general outpatient clinics held at H.M. Stanley moved to Glan Clwyd in a new outpatient facility, named 'The Ivor Lewis Building'. This building is located adjacent to the Catheterisation Laboratory on the car park to the left hand side of A&E at Glan Clwyd.

**Phase 3:** Ophthalmology services will move to Abergele Hospital in the Spring of 2012. In the first instance the service will co-locate with Orthopaedic Inpatients on the Abergele site. This is an interim measure whilst work to remove asbestos from the theatres at Glan Clwyd hospital is undertaken. Orthopaedic inpatients will then move to Glan Clwyd. Construction work is being completed to ensure that the ophthalmology service will provide safe, high quality services from Abergele hospital site.

Public transport issues have been considered and the Health Board is in liaison with service providers to ensure public transport availability including physical access for patients on site. For

example, relocating the bus stop for patients and ensuring that the access to the hospital remains safe and well sign-posted.

The relocation of staff from the corporate departments that were also housed at H.M. Stanley is nearing completion. Once the reprovision of Ophthalmology service is complete in 2012, the hospital site will be decommissioned and planned to be sold. To address security as the numbers at the hospital continue to decrease, security measures including random security patrols have been increased, both throughout the week and at weekends.

St. Kentigerns' Hospice and the Headquarters of the Welsh Ambulance Services Trust will continue to operate from the site.

For further information on these developments, please contact Barbara Lloyd in the first instance on 01745 447632 or email [Barbara.lloyd@wales.nhs.uk](mailto:Barbara.lloyd@wales.nhs.uk).

N Bradshaw

Director of Planning  
December 2011



## Involvement Opportunities across North Wales

### Choice & Medication

Betsi Cadwaladr University Health Board Mental Health Pharmacy Services have a duty to ensure that patients are informed and educated about their medication. Currently, BCUHB use a range of leaflets to give information about medication. The Mental Health Pharmacy Services are putting together a proposal for using an All Wales website called 'Choice & Medication' instead of the patient medication leaflets. .

We are looking for a group of service users and carers to have a view at the website and give feedback on it to BCUHB. The meeting will provide you with an opportunity to view the website and comment on its ease of use, and suitability etc. A representative from Pharmacy will be attending the meeting to guide you through the website and answer any questions you may have.

The meeting will be held on 30th January 2012 in the afternoon in the Wellington Road Community Centre, Rhyl.

If you are interested in attending this meeting, or would like further information, please contact Tina Foulkes on 01745 816711 or email [asstdirector@unllais.co.uk](mailto:asstdirector@unllais.co.uk) before 24th January 2012.

### Have you been a victim or a witness of Crime?

Victim Support are looking for victims and witnesses of crime to take part in a focus group that will be used to raise awareness of the issues victims and witnesses who have a mental illness or who care for someone with a mental illness face. If you have been a victim or witness of crime in the last two years and are no longer involved in criminal justice proceedings or a court case relating to that crime, we want to hear from you. We are particularly keen to hear from people who have been the victim or witness to:

- ◆ Anti social behavior
- ◆ Sexual Violence
- ◆ Domestic abuse
- ◆ Hate crime

The focus group has been arranged for Wednesday 25th January 2012 in the Wellington Road Community Centre in Rhyl in the afternoon. Places are limited on the group so booking is essential.

*Please note, the meeting will be voice recorded to ensure participant quotes are recorded correctly. All voice recordings will be destroyed after the necessary information has been collected (max. 10 days after the meeting).*

If you are interested in being on this group, or would like further information, please contact Tina Foulkes on 01745 816711 or email [asstdirector@unllais.co.uk](mailto:asstdirector@unllais.co.uk) before 19/01/12.

New Dedicated HEALTH, SOCIAL CARE AND WELL-BEING page on DVSC's website [www.dvsc.co.uk](http://www.dvsc.co.uk) - click on the information tab to find the page. Please visit and if you wish to include any information please contact [joanne@dvsc.co.uk](mailto:joanne@dvsc.co.uk)

### Children's Mental Health:



### Communication, Connectedness and Behaviour

Facilitated by: Roger Catchpole of Young Minds.

**Thursday, March 8<sup>th</sup> 2012**

**Faenol Fawr, Bodelwyddan**

For further details and a booking form contact Yvonne Brookes on 01745 554061

## Home Office will decide in about six months; one-off checks will remain free

The government is considering charging volunteers to use the 'portable' criminal records checking system that is due to come into force in 2013.

Under the system, laid out in the [Protection of Freedoms Bill](#) currently before parliament, there would be two types of criminal records check: a one-off check and a portable one based on a continuously updated criminal records database, which would allow an individual to work or volunteer for a number of organisations.

A [Home Office](#) spokesman said the one-off check would remain free for volunteers. He said, however, that the government was looking closely at whether volunteers would have to pay a yearly subscription fee to have the portable check.

"We would like to make the whole system free for volunteers," he said. "However, we are still looking at whether they will pay a fee, and this is subject to the government's calculations on costs."

He said charities and companies would have to continue to pay for all checks on paid staff under the new system. The size of the fee had not yet been set, he said, but would be "at a level necessary to recover the costs of the service". The spokesman said the government would decide whether to charge volunteers in about six months' time, when the Protection of Freedoms Bill is due to become law.

If the bill is passed in its current form, each person subject to a criminal records check would be issued with a unique number.

Charities and employers that wanted to recruit that person could enter the number on a website, which would then tell them whether any new information had been placed on the person's record since the original check was carried out. They would need to ask for a new criminal records check only if the website showed that new information was available. No details of the new information would be available on the website.

## Council's online survey needs young people's views



Young people living in Denbighshire are urged to go online and have their say as part of the Living and Working in Denbighshire project.

The project is part of a campaign to maximise Denbighshire's profile as an attractive place to live and work amongst young people.

The Council wants to hear from young people living in the county or those who are originally from the county but have moved away to live, study or work.

Young people's opinions on aspects such as employment opportunities, housing, transport, leisure, service and facilities are important, as the Council will gain a strong knowledge of what young people would like to see implemented in Denbighshire.

This study is a response to the changes in demographic in the county. Denbighshire has a high percentage of older population (23%) whilst there are less young people living in the county. As a result, the Council needs to adapt its services to meet the needs of the community, as well as finding ways of retaining young people in the county through education, leisure, lifestyle, housing and training.

Those wishing to take part should visit the following:

[www.surveymonkey.com/s/JQW66JK](http://www.surveymonkey.com/s/JQW66JK)

(Welsh version) or

[www.surveymonkey.com/s/G6QVM7T](http://www.surveymonkey.com/s/G6QVM7T)

(English version) and complete the online form.



**Healthy Working Wales**



**Free** support to improve the health and well-being of your staff

- Occupational health, safety and return to work advice, through **Workboost Wales**. Please visit the website or call **0845 609 6006**.
- Support and advice to develop health and well-being initiatives in the workplace through the **Corporate Health Standard** and the **Small Workplace Health Award**.
- **Health at Work Advice Line Wales**. Please visit the website or call **0800 107 0900** for help with supporting an employee with a health condition.
- **Welsh Backs** advice and resources for managing back pain at work.

[www.healthyworkingwales.com](http://www.healthyworkingwales.com)

Learning Disability Wales is organising a one day training **Understanding People with Learning Disabilities** on **February 22** in Wrexham.

**Course Aims**

To help you understand more about the issues affecting people with learning disabilities and how people and services can have a negative impact on their lives. The course will examine how services and society affect the lives of people with learning disabilities, and how to make this contribution a positive one. Delegates will be encouraged to examine their own perceptions and actions as well as how their organisation works. Delegates will have an opportunity to look at some practical tools they can use to involve and understand the real needs of those that they work with.

For further details and a booking form please contact Inacia Rodrigues, Learning Disability Wales on 029 2068 1174 or **Email:** [training@learningdisabilitywales.org.uk](mailto:training@learningdisabilitywales.org.uk)

During 2012 the **Mental Health (Wales) Measure** will come into force. A Measure is a piece of law made by the National Assembly for Wales.

The Mental Health Measure makes a number of important changes to the way people with mental health problems can access and receive services.

In North Wales the Health Board, GPs, local authorities and the voluntary sector are working together to make sure arrangements are in place to provide these new services. The Measure has implications for staff working across health and social care and we will issue a newsletter each month to help colleagues to learn about the Measure, how it will affect them and any

action they need to take to be ready for their implementation.

In this first issue we provide a brief explanation of the Measure and the project arrangements in place to implement its requirements in North Wales. Future issues will provide more detailed focus on specific elements of the Measure and report progress on implementation.

Further information on the Measure, local implications and progress on implementation can be found on the Health Board's website at [www.wales.nhs.uk/sitesplus/861/page/58653](http://www.wales.nhs.uk/sitesplus/861/page/58653)

## CARE COUNCIL FOR WALES

### Appointment of Members

Members will receive remuneration at a daily rate of £198 (gross) and will be expected to commit up to 2 days per month to work for the Council. Remuneration will be based on this time commitment. Members will also receive reasonable travelling and subsistence costs for all events they are required to attend.

The Care Council for Wales is a Welsh Government Sponsored Body created to regulate the social care workforce and raise standards through better training and recognition. Working with an open, transparent, and inclusive approach, members bring the interests of service users, carers, employers, employee organisations, trainers and the general public in Wales, to the work of the Council.

We seek to appoint 3 new members to the Council:

- 2 Members to bring the lay perspective of a service user.
- 1 Member to bring the current perspective of higher education and training (Social work) in Wales

It is important that members are able to bring a



Llywodraeth Cymru  
Welsh Government

current understanding of social care issues in Wales and a strategic steer to the work of the Council and can support effective governance arrangements. Members would be expected to bring their particular perspective to bear on Council business and should be effective and persuasive communicators.

### Welsh language

The Council is very keen to have the perspective of Welsh speakers on its Council. Currently, other than the Chair, there aren't any Welsh language speakers on the Council and it is keen to address this, in line with the Welsh Government's Welsh Language Strategy.

Applicants who are able to speak Welsh and who meet the criteria set out in the information for candidates document are therefore encouraged to apply.

For further information, and to apply, please visit:

[www.wales.gov.uk/publicappointments](http://www.wales.gov.uk/publicappointments) or for queries contact (029) 2082 5454 / [hr-helpdesk@wales.gsi.gov.uk](mailto:hr-helpdesk@wales.gsi.gov.uk).

The closing date for receipt of applications is **27 January 2012**. Application received after this date will not be considered. It is expected that interviews will be held during March/April.



### Wales Awards 2012 today

Now is the time to share the good work you are doing to deliver improved, high quality patient care and submit your storyboard for the NHS Wales Awards 2012.

**Closing date: Friday 20th January 2012**

Full details on : <http://www.nliah.wales.nhs.uk/>

**Hurry!**

**Only 1 week left  
enter the NHS**

### NSPCC North Wales Service Centre Open Day

NSPCC North Wales Service Centre will be holding an open day on:

**Wednesday 18 January 2012  
10am - 4pm**

NSPCC, Warren House  
Warren Drive  
Prestatyn LL19 7HT

Light refreshments will be provided throughout the day. If you would like more information please contact 0844 892 0275 or e-mail

[NSPCCnorthwales@NSPCC.org.uk](mailto:NSPCCnorthwales@NSPCC.org.uk)



**REGIONAL LOW COST TRAINING PROGRAMME JANUARY 2012 TO APRIL 2012**  
[These courses are arranged as part of the 'Courses for Communities Cymru' which is an initiative providing affordable training courses for voluntary groups, delivered by local County Voluntary Councils in Wales].

**All courses are £20.00 per participant for full day and half day courses. Full day courses include lunch unless otherwise stated.**

**Volunteer Recruitment, Selection and Induction [Full Day] - Monday, 23 January, 2012 – 10.00 am to 3.00 pm – DVSC Naylor Leyland Centre, Ruthin**

By the end of the session you will

- Be familiar with a range of methods to attract a diversity of volunteers
- Recognise ways in which volunteering can be made more accessible to all
- Recognise 'selection' as a two way process and be familiar with a range of selection tools
- Be able to prepare questions for and conduct a selection interview
- Understand the use of vetting procedures, including CRB checks & recognise their limitations
- Understand the purpose and nature of a) volunteer arrangements b) volunteer induction
- Recognise potential uses and abuses of volunteers' personal information
- Have identified actions for improvement in your own practice and that of your organisation

**Trainer – Gaynor Lloyd Jones**

**Role of Officers of Voluntary and Community Groups [Full Day] – Wednesday, 15 February, 2012 - 10.00 pm – 3.00 pm – Wellington Road Community Centre, Rhyl**

By the end of this session you will

- Have identified the individual roles of honorary officers
- Understand the importance and impact of these roles on the organisation
- Understand the functions and responsibilities of honorary officers
- Have considered the knowledge and skills required to undertake these specific roles

**Trainer – To be advised**

**Finding the Right Funding Mix [Full Day] – Wednesday, 28 March, 2012 – 9.30 am – 3.30 pm – Clwyd Room, Wellington Road Community Centre, Rhyl**

By the end of this session you will

- Understand the concept of sustainable funding
- Understand the importance of good governance and planning
- Understand the need for a fundraising strategy
- Develop a knowledge of new and alternative sources of income and finance (including the tendering process and options for trading)

**Trainers – Jan Smith Sonia Kendall, CVSC**

**To book these courses contact Bronwen Isaac on 01824 702441 or email [bronwen@dvsc.co.uk](mailto:bronwen@dvsc.co.uk)**