

The Denbighshire Health and Social Care Bulletin

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DENBIGHSHIRE LEARNING DISABILITY FORUM BIKES

On Wednesday 20 April the Forum officially launched their specially adapted bike hire project at Ffrith Festival Gardens, Prestatyn. Miss Prestatyn, Chloe Hopkins, kindly agreed to cut the ribbon. The bikes are proving a big hit and at present there



are three bikes in use with a fourth under repair. The bikes are a duet, a tricycle and a side by side. Forum is looking for funding

to purchase and maintain many more bikes for service users to enjoy. Anyone wishing to use the bikes can collect the key from the reception desk at the Ffrith and follow a few simple rules. For further information on how to contribute to funding the bikes or to simply use them contact Alan or Jackie on 01824 702441.

Are You Being Served?

The April voluntary sector network meeting, which was held jointly by the Health, Social Care & Wellbeing network and the Children & Young People's network, heard from Rick Abbas (DCC Welfare Rights Unit) and Karen Beattie (DCC Equalities Officer) on the impact of changes to welfare rights benefits, and the implementation of equalities duties.

It was a sobering meeting, and some organisations are already reporting peoples' distress at

finding that their benefits have been cut or changed. A copy of Rick's Power Point presentation is available from lindsay@dvsc.co.uk.

The next joint meeting will be held on **Thursday, 14th July** at DVSC, beginning at 10.15 with coffee, and ending with lunch at about 1.00pm. It was felt that this meeting should include a series of workshops about "who knows what/who can help", and how to support potentially aggressive and/or severely depressed service users safely.



Older residents offered a helping hand

Denbighshire County Council has launched a new short term housing - related support service for older people called Law Yn Llaw (Hand in Hand).

The service is designed to help older people live independently both at home and in the community. It is run by the Council's Housing Services department and funded through the Supporting People Programme. The service is based around short term support designed to give people the confidence to do as many things as possible on their own rather than people doing it on their behalf. The service can last for a maximum of 12 weeks.

It will be able to help with:

- sorting out budgets and paying the bills
- looking at ways to continue shopping / and or setting up shopping delivery service
- looking at ways cooking and other household skills can be maintained by doing things differently or with aids and adaptations.
- Checking and addressing safety concerns in the home
- Sorting out servicing of appliances

- Making appointments to other organisations who can help

- Helping people keep in contact with the wider community, including clubs and societies they may be interested in.

Duncan Jones, Denbighshire's Housing Tenancy Manager, said: "With an ageing population in Denbighshire, we are fully aware that people want to remain as independent as possible in their own homes for as long as possible. The Council is responding to this change by adapting the way in which it offers its services.

"The Law yn Llaw service aims to support people to feel safe and secure in their own home and within the community, giving people the chance to manage their health and well-being and providing opportunities for them to extend their skills, interests and friendships."

To find out more, please contact Denbighshire's First Contact Team, on 01824 712900 or write or call to see them at 64 Brighton Road, Rhyl or County Hall, Wynnstay Road, Ruthin. Or e-mail – firstcontactteam@denbighshire.gov.uk.



ASH Wales offers a Tobacco Control Training Programme for those who are interested in finding out how to work with young people on smoking related issues. A dynamic hands on training course that empowers participants with effective ways

of addressing tobacco use with young people. Topics such as prevention, cessation and tobacco advocacy with young people will be covered.

The next opportunity to undertake this full days training is the **15th June 2011** at the Hotel Commodore in **Llandrindod Wells**, book as soon as possible to avoid disappointment. For further information about the course, other available dates, and to register you can visit our website: <http://www.ashwales.org.uk/training-for-teachers-and-youth-workers/>. Or email laura@ashwales.org.uk for more information.



Learning Disability Wales is organising a wide range of courses in North Wales. The next 2 will be:-

Understanding Community Care Law for Adults - 10am—12.30pm 8th June at Cartrefi Cymru, Bangor

Making Information Easy to Read and Understand - 9.30am - 4.30pm 25th May at Alyn Waters Country Park Wrexham

If you have any queries please contact Inacia Rodrigues, Training Administrator
Tel: 029 2068 1174 Fax: 029 2075 2149

POVA level 3 - Policy and Procedure Awareness Training

1 day course

Dates: 26 May 2011

Or

19 September 2011

Venue: Denbigh :

9.30am – 4.30pm

Training Application Forms, Workforce Development, Tŷ Nant, Prestatyn, LL19 9LG.

Tel: 01824

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GREATER PROTECTION FOR CHILDREN AS SEX OFFENDER DISCLOSURE SCHEME GOES NATIONAL

Children in all 43 police force areas in England and Wales are better protected thanks to the final rollout of the Child Sex Offender Disclosure scheme.

Under the scheme anyone can ask the police to check whether people who have contact with children pose a risk. If the individual has convictions for sexual offences against children or poses a risk of causing harm then the police can choose to disclose this information to the parent, carer or guardian.

A phased introduction began in August 2010 following a successful 12 month pilot in four police force areas. By 4 April 2011, all 43 police forces will be running the scheme.

As part of the drive to protect children from harm a website www.parentsprotect.co.uk was set up by campaign groups Stop it Now! UK and Ireland and the Lucy Faithfull Foundation to raise awareness of the issue of child sexual abuse, answer questions and give parents and carers the information they need to help safeguard their children.

Free Family day - are you the parent of a child with a speech language and / or communication difficulty?

then why not come along to the Afasic Cymru Family day-Hog Roast and Duck Race at Brookhouse Mill on July 8th.

Adults

Whole hog roasted whilst you watch the duck races and ready for you after the last race approx 9pm carved and served with apple sauce, selection of salads, baked potatoes and crusty bread.

Children

Sausages / beef burger in a baps: selection of salads.-children eat after the third race-approx 8pm

Tickets ARE LIMITED and available from Yvonne Brookes, Development Officer Afasic Cymru Tel:01745 550461

—a £10 refundable deposit is required by each family to secure your place

The Communities First Trust

Fund (CFTF) aims to support small voluntary organisations that are based in a Communities First area, in activities that involve local people and provide a positive benefit in their community.

Enabling small voluntary organisations to make a difference in their community is the emphasis of the CFTF and is part of the eligibility criteria.

Applications are welcome from a range of community projects including music and the arts. However, the activities must provide some measure of economic, environmental, social or cultural benefit for people living in a Communities area.

The CFTF is a scheme funded by the Welsh Assembly Government aimed at small community led organisations in Communities First areas in Wales. The fund is administered by WCVA.

PLEASE NOTE: There are several changes to the eligibility criteria and guidelines for CFTF this year and therefore it is important that you read the guidelines before completing your application.

The deadline date for submitting completed applications with all supporting documents is Wednesday 30 November 2011. For further information contact the Communities Helpline on (0800 587 8898

*help@wcva.org.uk

New advice for people diagnosed with dementia and their carers

, has been launched in Wales. A dedicated helpline (0808 141 0043) and website have been introduced to offer emotional support and advice to anyone who has been diagnosed with dementia, or for relatives and carers of people with dementia.

Free Health & Safety Advice and Support for Businesses/ Third Sector Organisations

Conwy and Denbighshire Councils have teamed up with Healthy Working Wales and the Health and Safety Executive (HSE) to improve awareness amongst local businesses of the range of free Health & Safety resources available to them.

As part of the campaign, the Councils have organised two free Health & Safety advice surgeries.

24th May 2011 at Conwy Business Centre, Llandudno Junction (8.30-12noon).

7th June 2011 at Pavilion Theatre, Rhyl (8.30am – 12noon).

Businesses / organisations are welcome to call in or make an appointment, where they will have access to free and confidential advice from qualified Health and Safety Officers and Advisors. Businesses are invited to bring copies of their risk assessments and Health & Safety policies for advice relevant to their particular business.

For more information about the campaign or to book an appointment at the surgeries, please get in touch contact Mari McAndrew (01824) 712585.



Mencap Cymru is pleased to open the Langdon Doidge Arts Award 2011

The competition is open to any artist over 18 years of age who has a learning disability and lives in Wales.

All entries must be received by Wednesday the 15th June 2011

Full and further details from Pam Corry, Mencap Cymru
Tel: 01745 355907

pam.corry@mencap.org.uk

COMIC RELIEF COMMUNITY CASH AWARDED

During April 2011, several Denbighshire groups received a £16,013 share of the Daily Post - Comic Relief 's £50,000 community cash pot.

The money was all raised by donations to Comic Relief and distributed with the help of the Community Foundation. Publicity in the Daily Post and several bulletins, mailshots and e-mails by DVSC ensured that Denbighshire organisations had the lion's share.

The following were successful

£1,000 Cymdeithas Lenyddol Corwen
 £1,000 Clwb Ser, Denbigh
 £1,000 Busy Bodies After School Club, Denbigh
 £1,000 Rhyl Little Theatre
 £1,000 Kid's Fun Club Rhyl
 £1,000 Bruton Park Residents Association, Rhyl
 £1,000 Playdays Playgroup, Rhyl
 £1,000 Youth Arts Festival, Prestatyn
 £940 Cylch Meithrin Aberclwyd, Rhyl
 £840 Upper Denbigh Association of Tenants for Enterprise
 £800 Cylch Meithrin Tremeirchion
 £800 1st Corwen Glyndŵr Beavers and Cubs
 £763 Clwb Hwyr Hwyr Prestatyn
 £760 Capel y Waen Outreach
 £710 Welsh Language Youth Club, Rhyl
 £500 Dyserth Crown Green Bowling Club
 £500 Trefnant Bowling Club
 £400 Rhuddlan Environment Group

Five All North Wales organisations included

£1,000 Disability Skiing Wales
 £1,000 Wheelchair Basketball, Rhyl
 £1,000 Summilan Cultural Association
 £1,000 Bullies Out
 £1,000 Celtic Warriors Wheelchair Basketball

Daffodil the new care needs projection system for Wales,

went live in October 2010. Originally restricted to councils and local health boards, from 1 April 2011 access to the system will be widened to include all those working in health and social care.

Daffodil is a free website which is designed to help planners and providers make decisions about health and social care provision based on projections of population growth and the prevalence of certain health conditions.

It means local authorities in Wales are better supported with information to plan health and social care services together with other public and private sector organisations.

"A very simple system, easy to use and saves you hours of work" Jo Ward,
 Commissioning Manager – Older People, Wrexham County Borough Council.

The site was developed by IPC Oxford Brookes University.

Daffodil holds hundreds of data sets of information which in the past were only available from many different sources. To register **from April 1st**, please visit www.daffodilcymru.org.uk.

Glan Clwyd hair loss service opens its doors for launch day

A new HeadStrong service run by Breast Cancer Care in Glan Clwyd and Wrexham has held an official launch day to show how it can help patients cope with the impact of hair loss after cancer treatment.

For many people, losing their hair can be extremely traumatic as it affects their confidence and body image. The centre at Glan Clwyd Hospital offers practical and emotional support from specially-trained volunteers.

People can find out how to look after their hair and scalp before, during and after treatment, learn scarf-tying techniques and try on a range of hats, scarves, fringes and hairpieces.

The service is volunteer run, with

centres across the UK, and now North Wales has two HeadStrongs which recently opened in Glan Clwyd and Wrexham. Volunteers at the centres have been trained with funding from the Wales Council for Voluntary Action.

The service is run by trained volunteers and appointments are available every Thursday at Glan Clwyd Hospital and Wrexham Maelor Hospital. HeadStrong is a free service and open to anyone who has been affected by any type of cancer.

- For more information about HeadStrong at Breast Cancer Care Cymru, call 0845 077 1893 or visit www.breastcancercare.org.uk
- To book an appointment at the Glan Clwyd HeadStrong Service please call 01745 445566
To book an appointment at the Wrexham HeadStrong Service please call 01978 727603

Syd Badland MBE

Many, many congratulations to Syd Badland, Trefnant who was honoured with the MBE at a very special ceremony at Rhuddlan Community Centre on Wednesday 6th April 2011. Syd's health did not allow him to travel to London so the MBE came to him. Syd was honoured for all his voluntary work with a multitude of local organisations over a long period of time.



L - R Mr. Lloyd FitzHugh, High Sheriff of Clwyd; Mrs. Badland; Mr. Syd Badland, MBE; Mr. Trefor Jones, CBE, H.M. Lord-Lieutenant of Clwyd.

Macmillan – Helping you help others grants

Funding is available for cancer self-help and support groups across the UK. New and established groups can apply for funding of up to £500 and £3,000 respectively. Funding may be used, for example, for event costs, promotional activities and the purchase of group materials (ie computers, laptops and display materials). Applications from new groups are assessed on a monthly basis. Applications from established groups have two deadlines - 1 July and 28 October. Further details are available <http://www.macmillan.org.uk/HowWeCanHelp/CancerSupportGroups/HowWeSupportYourGroup.aspx> (Source: Grantfinder Update, 12/1/11)

BBC Children in Need Small Grants

BBC Children in Need know there are thousands of organisations doing fantastic work for disadvantaged children and young people in their local communities who could put a small grant from BBC Children in Need to excellent use. The Small Grants programme awards grants of £10,000 or less per year and can be made for a maximum of three years. Grants are made to not-for-profit organisations working to make a positive difference to the lives of disadvantaged children and young people in the UK. You can apply at any time and application deadlines are: 15 July and 15 October 2011. All applications must be submitted online via www.bbc.co.uk/pudsey.

Last call for the Val Feld Award 2011

Applications are being accepted for this year's Val Feld Award but time is running out. The closing date is Tuesday 31st May 2011.

Val Feld was the founding director of Shelter Cymru and worked tirelessly to improve the lives of women in Wales.

The Award is intended to recognise innovation and new ways of responding to homelessness, whether by an individual or a project working in Wales. They also welcome applications from individuals or organisations who wish to:

- undertake research into the issues around women, housing and homelessness or
- assist with the setting up of a new project or
- help the further development of a proven project.

The winner will be presented with a £3,000 cheque and a bronze sculpture by Swansea artist, Helen Sinclair at Shelter Cymru's Annual Conference on Friday 1st July at the Village Hotel, Swansea.

The application form can be obtained by contacting Mel Evans on 01792 483072 email mele@sheltercymru.org.uk or from the website sheltercymru.org.uk

Seeking disabled women's views and experiences of domestic abuse in Wales

Disability Wales is working with Welsh Women's Aid and Glamorgan University to research the experiences of disabled women and domestic abuse in Wales. Perhaps you or a disabled woman you know has personal experience? Would you/they be willing to share that experience in order to inform future policy? All information will be treated in confidence and with the upmost respect. Disability Wales has compiled a questionnaire to gather views and experiences from disabled women living with domestic abuse either now or in the past. Fill in the questionnaire online at www.dadw.org which is compatible with 'screen reader' software. If you would prefer to speak to someone and have them complete the questionnaire on your behalf please telephone 029 2088 7325. Leave a safe contact number and Disability Wales will call you back.