

The Denbighshire Health and Social Care Bulletin

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**Denbighshire
Voluntary
Services
Council
Naylor Leyland
Centre, Well St,
Ruthin
LL15 1AF**

**Tel: 01824
702441**

**e.mail
office@dvsc.co.uk
Website
www.dvsc.co.uk**

**Newvol - Company
limited by
guarantee
3132487
Registered Charity
1054322**

**Chief Executive
Officer**

John Watkin

**Senior Health,
Social Care and
Well-Being**

Facilitator

**Lindsay
Haveland**

AN AWARD FOR VICKY

Youth Work Volunteer Vicky Ward of the St Asaph Youth Group won the Youth Work in Wales Excellence Award for a volunteer youth worker. Vicky was nominated by Suzanne Bradley of DVSC following a period of partnership work to develop a volunteer-led youth group offering activities alongside the Youth Service. Roger Ellerton, Principal Youth Officer for Denbighshire supported the nomination.

Vicky and Suzanne were able to provide the judging panel with evidence of robust policy development, Vicky's hard work to promote the youth club activities in the local press and her personal concern to provide a club that was open to young people with disabilities on an equal basis to all other young people in the area.

Jeanette Small, Denbigh's Community Youth Worker, also won an Excellence award. Well done Vicky and Jeanette, we are all very proud of you both.



The next meeting of the Health, Social Care and Well Being Voluntary Sector Network

An extended/joint HSCWB/CYP meeting to be entitled "**Are you Being Served?**" is to be held on **THURSDAY 7th April, 2011**, at: the Naylor Leyland Centre, Well Street, Ruthin. Denbighshire LL15 1AF. The meeting will begin at 10.15am and lunch is included.

We will look at the impact of changes to benefits and spend time discussing the way the networks will continue to function after June. Contact Lindsay or JoAnne 01824-702441 for further details or to book your place.



CARERS Wales
the voice of carers

Making your voice heard - An event for carers

Friday 15th April 2011 – 10.00 am - 3.30pm
Conwy Business Centre, Llandudno Junction
Morning 10.00 - 12.30

How carers can make a difference to the way local services are designed and delivered.

Workshop session – looking at how carers can get involved & change things. There will be some examples of how carers are making a difference locally.

Afternoon 1.30 - 3.30 Question Time

Carers Manifesto 2011

There will be an opportunity for carers to question politicians from the main political parties who will be standing in the Welsh Assembly Elections 2011

(The afternoon event is in conjunction with the Wales Carers Alliance)

You can attend both sessions or just one. Please contact Carers Wales on 029 2081 1370 or email info@carerswales.org.
(Tea, coffee & sandwiches will be available between 12.30 & 1.30pm for those who book for both sessions).

Home Enhanced Care Service working well - In June 2010, the Health Board started a new 'Home Enhanced Care Service' in Rhyl and Prestatyn. This service provides more care for people at home. For some people this will mean that they do not need to go into hospital, receiving the care they need at home. For other people, this service will allow an earlier discharge from hospital by providing any extra support required at home. This service has been running on a trial basis for 6 months and has now been extended for another 6 months to include patients registered with all the GP practices in Rhyl and Prestatyn. The Community Health Council has kindly undertaken a survey of patients and carers on behalf of the Health Board. Patients have been complimentary of the service and Mrs Joan Horrocks of Prestatyn who was referred to the service after a stay in hospital said "I cannot praise it enough. After my care had been completed and

they no longer needed to come, it was like losing a family. The nurses were absolutely fantastic. The service is a good way of keeping people out of hospital and it is much better to be cared for at home." Dr. Eamonn Jessop, GP in Central Surgery Prestatyn, said "I would suggest that this service is one of the ways forward to deliver healthcare to the Community. It means that we can obviously look after patients with more complex medical needs than would be in our normal workload with the help of the HECS team. Experience to date in the Rhyl and Prestatyn locality has been extremely positive, and I would encourage as many practices as possible to get involved in this project at the earliest opportunity." A full evaluation of the project will be undertaken in July 2011 which will help the Health Board to decide on the best way it can continue to provide care at home and in the community.

Health and Social Care Budget – better settlement than feared but what will it mean?

Third sector representatives met with the Minister for Health and Social Services on 6 December: the second meeting of 2010 under the auspices of the Third Sector Scheme. Unsurprisingly the budget was the key focus: the health and social services department's budget and its implications for third sector services; the role of local compacts with health boards to ensure adherence to best practice; and also addressing the effects of the overall UK budget on mental health and employment in Wales.

Chris Hurst, Director of Resources, DHSS, Welsh Assembly Government explained that the budget is 'better than the settlement that was feared some time ago in revenue terms.'

While the level of revenue has been protected, the public sector will need to make efficiency savings of about 10% over three years due to inflation and the increasing demands on services. Social Services funding will increase by £35 million by 2013-14. Capital has been reduced by about a third. The health boards would need to work through how best to use resources and 'be more imaginative and with a broader approach towards investment needs' particularly in terms of the shift to community and primary settings, and, for instance, more co-location with both local government and the third sector would be expected.

An example of a more imaginative approach came with an item from Wales Environment Link on maximising the benefits of NHS estates through green exercise for staff and the public. The Minister agreed that land maintenance should be more holistic, 'we have absolutely first class, beautiful grounds that can be actively used'. A meeting with NHS estates will be facilitated to take this work forward.

In terms of funding for the third sector, Sections 28b and 64 grants schemes are under review particularly in terms of transactional rationalisation. The Minister

intends that her overall review will be completed before the Christmas recess. Once the Minister has confirmed funding, there will be longer term commitments, however the third sector will also be expected to contribute to efficiency savings including sharing overheads; and have clear, quantifiable outcomes.

With collaboration more important than ever, there is the need for strong terms of engagement underpinned by codes of practice, including funding, that local compacts should deliver. While the Assembly Government has recently issued guidance to the health boards on local compacts with the third sector, the Wales Association of County Voluntary Councils asked for support in ensuring that compacts were given sufficient recognition across each health board's organisation; and for when the compact agreement is not followed, the breach usually being financial. The Minister agreed to implement a formal system with the health boards enabling both the health boards and CVCs to report breaches to the Assembly Government.

Mind Cymru led an item on the wider adverse effects of the UK budget on employment and mental health. The Minister praised a paper which highlighted the cost to the economy of poor mental health; how the impact of worklessness is already known and those most isolated from work can be experiencing 'a double whammy' for instance BME members or those in the justice system; and how those in work in these times can also be stressed. The effectiveness of investing in the mental health of a workforce is recognised and the Mental First Aid programme in Wales is supporting staff in their workplace. The Minister confirmed that the funding for this programme is part of the review, but that she has been delighted by the wide range of organisations that have already taken up this 'very valuable' training.

For copies of any of these papers and for more information please contact Constance Adams cadams@wcva.org.uk

Child Poverty Strategy for Wales

The revised Child Poverty Strategy for Wales which was launched in February 2011 aims to give a clear account of what the Assembly Government can achieve in helping to reduce poverty particularly in the areas of improving health, education and economic outcomes for children in low income families during the next three years 2011-2014.

This document can be accessed from the Welsh Assembly Government website at www.wales.gov.uk/educationandskills or if you don't have access to a computer, by contacting Lilwen Roberts / Lindsay Haveland at DVSC 01824 702441

Further Enquiries about this document can be directed to: Information Child Poverty Unit Communities Division Welsh Assembly Government Merthyr Tydfil CF48 1UZ Tel: 01685 729312 e-mail: childpovertyunit@wales.gsi.gov.uk

HIJINX



THEATRE

'Old Hands' is an inclusive production featuring two actors with learning disabilities; Gareth Clark (Full Circle) and

introducing Andrew Tadd (Odyssey Theatre)

The show is available to book from 2nd June to 15th July at a day and time that is most suitable for you. We provide your marketing print and support and offer a background information pack for follow up work and exercises. You may even be eligible for funding from the Arts Council of Wales 'Night Out' scheme to support the costs.

If you're interested in booking the show for your group and bringing professional theatre to your doorstep please ring Emma Robinson on 02920 300331 or email emma.robinson@hijinx.org.uk for an informal chat or more information.

CONSULTATION ON REGULATIONS TO BE MADE UNDER THE MENTAL HEALTH (WALES) MEASURE 2010

The Welsh Assembly Government will shortly be opening a consultation programme on three sets of Regulations that are to be made in connection with the Mental Health (Wales) Measure 2010. These

Regulations will be concerned with –

- Care coordination and care and treatment planning in secondary mental health services**
- Assessments for former users of secondary mental health services**
- Independent mental health advocacy**

The North Wales Consultation Events are as follows

Event particularly for service users and carers

1 April – AVOW, Wrexham

Event open to all:

30 March – Glyndwr University, Wrexham

You can book your place at one of the consultation events by ringing 029 2080 1470 or 029 2080 3480

BIG LOTTERY INVESTS £20 MILLION INTO IMPROVING CHILDREN'S FUTURES

Children can't choose the families they are born into and some grow up in very difficult circumstances. The Big Lottery Fund has announced an investment of £20million that will help give vulnerable young children across the UK a better future by supporting their families.

BIG's approach will see families being offered tailored individual support from local voluntary sector organisations working in partnerships with public services.

The **Improving Futures** programme will provide funding for more effective and joined-up support to help families with multiple and complex problems. This support will be delivered by partnerships that bring together voluntary sector organisations and public

services. The partnerships will be locally based – and for the first time engaging not only children's charities, but those that can help address families' housing, health, employment and other needs.

The programme will fund up to 20 partnerships across the UK, each receiving a grant of up to £900,000 to work with families with children aged five to ten years old. It aims to fund only the very best proposals and BIG will also fund a robust evaluation of programme with a view to understanding how their success can be replicated elsewhere.

Full details of the Big Lottery Fund programmes and grant awards are available on the website:
www.biglotteryfund.org.uk

Public Enquiries Line: 08454 102030
Textphone: 0845 6021 659

**Denbighshire Care & Repair have moved.
They are now at**

**Unit A11
Trem y Dyffryn
Colomendy Estate
Denbigh
Denbighshire
LL16 5TX**

**Tel: 0300 800 4484
Fax: 0300 800 4485**

**E-mail
enquiries@gofalathrwsio.com**



**Learning Disability Wales
Anabledd Dysgu Cymru**

**LEARNING DISABILITY
WALES**

YOU AND ME

The event will explore young people's rights to choose their friendships and sexual relationships

**Wednesday 30th March 2011
Media Resource Centre
Llandrindod Wells**

**For further details contact Rebecca
e.mail:**

rebecca.watkins@learningdisabilitywales.org.uk

Tender Master Class. Tendering skills for procurement including Engagement Gateway

A Tender Master Class for organisations in North Wales has been commissioned by North Wales County Voluntary Councils. Its on 5 April 2011, includes a great lunch and chance to network, at Technium CAST, Parc Menai, Bangor LL57 4HJ, just off A55, ample free parking. This training is designed to increase your organisation's chances of winning Engagement Gateway tenders and other Tendering opportunities. The intensive day course is designed as a skill builder for effective bid writing and design.

The day costs just £20 as it is heavily subsidised. Please contact Mark Gahan, Medrwn Mon on 01248 724944 for an application foerm

It would be appreciated if you could let Maggie Bradley (Denbighshire Engagement Gateway) know if you book a place. <mailto:maggie@dvsc.co.uk>

Millennium Stadium Charitable Trust Grants Scheme (Wales)

The Millennium Stadium Charitable Trust has announced that it is inviting grant applications from not for profit groups and registered charities whose work benefits the lives of those who live and work in Wales. To be eligible, project activities must fall into the following categories. Sports; Arts; the Environment and the Community. The scheme is open to receive applications from **National groups** who have a remit to serve the whole of Wales and can apply for up to £12,500.

The closing date for applications is noon on Thursday April 21st.

<http://www.millenniumstadiumtrust.co.uk/index.asp>

Lone parents: kick start your working life with 'STEP OUT'

What is StepOut?

StepOut is a free course designed to help you back into education and/or work by developing your existing skills. The programme runs for 1 week and your lunch, childcare and travel expenses are paid.

What does the course involve?

On the course you will have the opportunity to attend a taster course at a local college and visit/meet local employers.

Running at Coleg Llandrillo Cymru, Denbigh
Starting Monday 4 April 2011 10am—2pm

How to book?

Places are limited so contact : **Sarah Gaffney at Glyndŵr University on 01978 293575**

Get answers to those burning health questions such as –

- What travel vaccinations do I need?
- Can I get help to pay for my dental treatment?
- I've got diabetes, what do I need to know?

This free and confidential service is offered by NHS Direct Wales.

Please note this service is not suitable if you are experiencing any symptoms

www.nhsdirect.wales.nhs.uk/onlineenquiry/

North Wales Quality Approved Provider List for Domiciliary Care

The six North Wales Local Authorities are working together as the North Wales Social Services Improvement Collaborative (NWSSIC) to bring about service improvements through collaboration. One of its collaborative projects is to develop a regional quality approved provider list of domiciliary care providers. NWSSIC is also working collaboratively with the Betsi Cadwaladr University Health Board (BCUHB) and this process will be a joint approval process for health and social care domiciliary care provision.

Having one approval process across North Wales will enable Providers to be quality approved through a single application which will then enable them to accept work from Anglesey, Gwynedd, Conwy, Denbighshire and Flintshire Councils and BCUHB across North Wales. (Please note that Wrexham Council will only be placing work with providers that are on their tendered Framework Agreement).

This process will provide a transparent, consistent and auditable process to evidence why providers have been approved or rejected.

The process for quality approval will be completely electronic and NWSSIC and BCUHB are working with the North Wales Procurement Partnership (NWPP) who will coordinate the process in conjunction with social care and health colleagues.

NWSSIC and BCUHB would therefore like to

invite domiciliary care providers to apply for regional quality approval.

Workshops:

All Providers are invited to attend workshops, where the application process will be explained by the Authorities. Additionally a practical demonstration of how to register on-line, fill in the questionnaire and information about accessing assistance in putting your application together will be provided by the Supplier Development Service.

Providers are welcome to attend any of the following workshops:

§ Tuesday 29th March 2011- Beaufort Park Hotel, Mold, Flintshire, CH7 6RQ

§ Wednesday 30th March 2011- Kinmel Manor Hotel, Abergele, LL22 9AS

§ Thursday 31st March 2011 - Meifod Hotel, Bontnewydd, Caernarfon, LL55 2TY

The workshops will last 1½ hours starting at 9am, 11am and 1pm at each venue.

Pre-booking of places is essential as individual sessions are limited to a maximum of 15 delegates.

For further information about the locations, available timeslots and to book your place (up to 2 delegates per organisation) please contact Derwenna Brindle at the Supplier Development Service **by email at** derwenna.bridle@menterabusnes.co.uk or telephone **01248 672610**.



VAL FELD AWARDS

Shelter Cymru are pleased to announce that they are now accepting applications for this year's Val Feld Award. Val Feld was the founding director of Shelter Cymru and worked tirelessly to improve the lives of women in Wales.

The Award is intended to recognise innovation and new ways of responding to homelessness, whether by an

individual or a project working in Wales. We also welcome applications from individuals or organisations who wish to:

- undertake research into the issues around women, housing and homelessness or
- to assist with the setting up of a new project or
- to help the further development of a proven project.

The winner will be presented with a £3,000 cheque and a bronze sculpture by Swansea artist, Helen Sinclair at our Annual Conference on Friday 1st July at the Village Hotel, Swansea.

Awards will be expected to show innovation and an emphasis, where possible, on the empowerment and involvement of women in housing need.

The application form can be obtained by contacting Mel Evans on 01792 483072 email mele@sheltercymru.org.uk or from our website sheltercymru.org.uk

If you are unsure about making an application please contact us to discuss the criteria.

Completed applications must be returned by 31 May 2011



New minibus for south Denbighshire

South Denbighshire Community Partnership (SDCP) has recently secured funding from Cadwyn Clwyd, TAITH and Denbighshire County

Council to purchase a brand new, fully accessible 16 seat minibus for the community.

The new bus, which is due to be delivered in June, will be available for all voluntary and community groups to hire. Thanks to support from local businesses including Ifor Williams Trailers, we hope to keep hire charges at an affordable rate so that the bus can be fully utilised by the community. SDCP also plan to

set up a fund to secure the future of the service.

If you know any voluntary or community groups in the south Denbighshire area who are in need of transport, please get in touch with Sian Roberts from Denbighshire Voluntary Services Council (DVSC) for further details. Sian, who is based at Corwen Healthy Living Centre from Monday to Wednesday, would also like to hear from anyone who is interested in training as a volunteer driver. Sian can be contacted on 01490 413429 (Mon – Weds) or 01824 702441 (Thurs, Fri) or email sian@dvsc.co.uk

Watch this space for details of the official launch of the new community transport service which is planned for September.

Health at Work Advice Line Wales

A free, confidential advice line offering health at work advice to anyone who runs or is employed by a small business.

Our qualified advisors are available 9am to 5pm Monday to Friday, but you can also call outside of these hours to request a call back at your convenience.



Some of the children and young people from Llangollen Silver Band are showing off their shiny new instruments

Llangollen Silver Band is a thriving organisation with a growing number of children and young people in its ranks. At the present moment we have approximately 50 young members under the age of 25 playing in our band. We value this section of the band very highly and do all we can to make L.S.B. a safe place where they can not only learn to play a brass instrument but spend time with their friends.



This expansion of the younger section of the band would not have been possible without the financial help we have received from the bodies listed below. Brass instruments are expensive to buy and maintain and we are very grateful for all the organisations which have valued us and seen fit to give us the financial help we need to continue our work.

Denbighshire Voluntary Services (Children and Young People's Partnership), Denbighshire County Council (Community Revenue Project), Cadwyn Clwyd, Welsh Assembly Government, Ty Cerdd Youth Led Grant, Llangollen Town Council – "Your Choice", Llangollen Inner Wheel, The Russell Commission and Ffederaswn Cerddoriaeth Amatur Cymru

NB: Getting funding isn't easy. It's hard work & perseverance!