

The Denbighshire Health and Social Care Bulletin

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New home for Telecare

Denbighshire Social Services recently hosted a launch day for the new Telecare demonstration facility at Rhyl Community Fire Station. Telecare is a range of equipment which can be used to help vulnerable people stay safe in their own home for longer.

Members of the public who are interested in finding out about Telecare can now visit the facility between the hours of 9 and 5 Monday - Friday to view and test the equipment for themselves, and get advice on how to use Telecare to meet individual needs. The facility is available to Service Users, carers, practitioners and care providers to access information about the Telecare Service. It is an opportunity to test and see first hand how Telecare can help people remain as independent as possible in their own homes.

Telecare uses sensors and an alarm system which is plugged into the telephone socket. The installed sensors can indicate if there is a problem in the house such as a build up of escaping gas from a cooker, a flood from taps being left on or a part of the home being too hot (eg if the cooker has been left on). It can also indicate if a person has a problem, such as having a fall and being unable to get help, or being unable to get out of bed due to illness.

Emily Jones-Davies, Telecare Project Manager with Denbighshire Social Services, said: 'This new facility is excellent. It gives people of Denbighshire the opportunity to see the Telecare equipment working in a home setting and allows them to test it out to see how easy and simple it is to use before installing it into their own homes.

The staff here are happy to explain how things work and to answer any questions people may have.' There is a mobile facility which will offer an outreach service across Denbighshire and dates will be published when organised.

If you would like to find out more about how to receive Telecare please call the First Contact Team on 01824 712900.



Pictured (L-R): Tina Lee – Telecare Technician; Emily Jones-Davies – Telecare Project Manager; Cathy Curtis-Nelson – Service Manager, Denbighshire Social Services



The following information is being circulated on behalf of the Alzheimer's Society - if you have any queries please contact the Society directly - the contact is louise.lakey@alzheimers.org.uk

Alzheimer's Society is exploring the quality of care that people receive for their dementia when they are admitted to hospital and the challenges that health care professionals face

They are asking people to share their experiences by filling out a questionnaire by the end of May 2009. They would like to hear from people with dementia and carers, nursing staff and nurse managers or ward managers. All information will be treated confidentially and you do not have to give your name.

Your views will be used to help ensure that people with dementia in a general hospital setting receive good quality care appropriate for both their physical and mental health needs and that professionals receive better training and support. The survey results will be published later in the year.

This questionnaire is particularly for:

- * People who have current or recent experience (in the last two to three years) in England, Wales and Northern Ireland.
- * Experiences on a general ward rather than accident and emergency, on an intensive care unit or with outpatients.

The questionnaire can be downloaded from the Society's website and returned to Louise Lakey by email at louise.lakey@alzheimers.org.uk or by posting it to: Louise Lakey, Devon House, 58 St Katharine's Way, London, E1W 1JX.

Alternatively, a copy of the questionnaire and a pre-paid envelope for returning it can be requested from Louise on 020 7423 3581 or louise.lakey@alzheimers.org.uk

For further information and the questionnaires please go to: www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=934

New Local Health Board Chief Executive Appointed

Mrs. Mary Burrows has been appointed the new Chief Executive for **Betsi Cadwallader LHB** in North Wales ahead of new LHB being established in June. The new LHBs become fully operational from 1 October. Prior to joining the NHS in Wales as Chief Executive of North East Wales NHS Trust on 2007, Mrs Burrows worked in the USA, Saudi Arabia, England and Wales moving from Pathology services into Quality and Safety Management to Chief Executive posts in a Primary Care Group and Primary Care Trust. Since 2007, Mrs Burrows been Chief Executive of the North Wales NHS Trust and Transition Director for North Wales. In addition, she has been a Non executive Board member of the West Northamptonshire Development Corporation. She has a Masters of Law from University of Wales, Cardiff, and MBA from University of Leicester and was awarded an Honorary MBE in 1996 for services to the NHS. Her public health, primary, secondary and tertiary care experience combined with private sector and local government experience both within and beyond the UK will bring a different perspective and learning to the Health board.



Vale of Clwyd Mind Training May – July 2009

ASIST Training Cost: £150 - £50 unwaged	
13 th & 14 th May	Corwen
22 nd & 23 rd June	Glasdir, Llanrwst

Mental Health First Aid Cost: £100 Stat Sec £75 Vol Sec	
21 st & 22 nd May	Corwen
11 th & 12 th June	Eirianfa Denbigh

To book a place, or for further details contact:-

Carol Evans, Manager, Vale of Clwyd Mind, Rural Outreach Service, 4 Rosemary Lane, Denbigh LL16 3TT **Tel: 01745 812461 Email: mindrural@aol.com**

For more information about these courses check out www.valeofclwydmind.org.uk for ASIST or www.mhfa-wales.org.uk for MHFA

Change starts with you

We're all concerned about the issues our communities face. Whether it's opportunities for young people, helping small businesses to flourish, or helping to keep our environment clean, we're all looking for ways to get our voice heard. The Electoral Commission is calling for people in all communities to make sure they're registered to vote to help make the decisions that count.

As part of the run-up to the European Parliament elections

on 4 June 2009, the Electoral Commission is running 'Register to Vote' week (4-10 May 2009) encouraging everyone to make sure they're on the electoral register. 19 May is the last date that you can register for the election.

Registering to vote is really easy to do. Just go to www.aboutmyvote.co.uk print out and fill in the form, then send it to your local Electoral Registration Officer; it only takes a few minutes.

If you're not registered, you can't vote!

Drinkaware

Grants from £2,000 to £100,000 are available for projects tackling alcohol abuse.

Organisations working with under-18s are eligible to apply. Further information is available from www.drinkaware.co.uk

Denbighshire Disability Forum (DDF) have surplus equipment they want to dispose of. The equipment consists of a portable induction loop, OHP etc... For further details contact J. Stephen Tilston, Property Services, Denbighshire County Council Tel: 01824 706928 E.mail: steve.tilston@denbighshire.gov.uk

CURRENT CONSULTATIONS

[End of life treatment and care: good practice in decision-making - a consultation on guidance for doctors](#)

This updates and builds on the existing guidance *Withholding and withdrawing life-prolonging treatments* but also provides advice on end of life care more generally, including issues such as advance care planning, palliative care, bereavement issues and discussions about organ donation. The deadline for responses is **13 July 2009**.

http://www.gmc-uk.org/end_of_life_care/

[Proposals for the future of specialised and tertiary services](#)

The consultation paper provides details on the proposed future of specialised and tertiary services in Wales. It re-affirms the proposal that the seven local health boards (LHBs) in Wales will be responsible for planning,

funding, designing, developing and securing the delivery of primary, community, in-hospital care services, and specialised services for the citizens in their respective areas. The deadline for responses is **19 June 2009**.

<http://wales.gov.uk/consultations/healthsocialcare/specialisedservices/?lang=en>

[Proposed blood borne viral hepatitis action plan for Wales 2009-2014](#)

The blood borne viral hepatitis action plan aims to provide a clear timeframe for the planning and provision of key services in Wales that will: reduce the transmission of blood borne hepatitis infection in Wales; reduce the number of people undiagnosed with the infection; improve the provision of treatment and support to infected individuals; and monitor and evaluate treatment and prevention programmes. The deadline for responses is **22 July 2009**.

<http://wales.gov.uk/consultations/healthsocialcare/blood/?lang=en>

Managing absence

18 June 2009, Wrexham

High levels of absence can be a serious problem for both large and small organisations. All organisations can expect some degree of absence, however, persistently high levels of absence are costly both to individual organisations and the economy as a whole and adversely affect efficiency, productivity, profitability and morale. High absence and lateness may be due to a particular cause but they can be an indication of more fundamental organisational problems. If you are interested in attending the workshop please ring Acas Wales events team on 08457 38 37 36 or email

events@acas.org.uk, alternatively you can book online at www.acas.org.uk/training

Shelter Shelter Cymru
Cymru

TENANTS' RIGHTS SURGERY

at
COUNCIL OFFICES
64 BRIGHTON ROAD RHYL

THURSDAYS 2pm – 5pm

Tel: 01824 712930 for an appointment
or SPEAK TO THE HOUSING
OPTIONS OFFICER

EXPERT ADVICE ON:

REPAIRS
TENANCIES
INSECURITY
NOTICES TO QUIT
POSSESSION PROCEEDINGS
ARREARS

2009 is Cruse Bereavement Care's Jubilee Year and they're holding a lot of fundraising and profile raising events- **Jubilee Event**

Cruse are holding a Fair Trade Coffee morning on 22nd May at the Nant Hall Presbyterian Church Nant Hall Rd Prestatyn 10am- 12.30pm

The Cruse N Wales **AGM** will be held on **11th of June** in Conwy and we are hosting our first ever **Bereavement Conference** in N Wales on **Sept. 30th** in Colwyn Bay.

June 13th 10 mile Charity Walk- **Llangollen**

September 5th

We will be holding two Memorial / Sponsorship Walks in Erddig Hall Grounds Wrexham- one gentle wheel-chair and pram friendly 2 mile river bank walk and the other for the more robust walker - a 5.5 miler! The walks will take place in the morning followed by a picnic and other activities which will include a duck race , drum band and a workshop for children and a bouncy castle. The day will end with the releasing of balloons in memory of a loved one.

We have a **Memorial/Carol Service planned for 5th of December** during the afternoon to be held either at **St Asaph Cathedral or the Marble Church** and We have another service planned in **Trinity Church , Mostyn St,Llandudno on the 12th of December.**2pm-4pm

Crafty Ideas

The Cruse Administrator makes beautiful hand-made cards and can give craft workshops to groups who are interested to learn how . Cruse sell the cards to raise funds and this is a fun way to be creative and to socialise at the same time and to raise money for a favourite charity.

Group Support

Cruse provide training in listening skills and group facilitation skills and are able to train interested people in being able to run bereavement support/ social groups.

. We are keen to see this provision extended and can help to set up groups and provide Cruse support if needs be. If you are involved in a Community Centre or Church Hall and would like to see a bereavement social/support group operational in your area please contact us to discuss.- A **Cruse one day training is**

coming up in at the end of May for the above .The training is generic in nature and would therefore also be helpful for anyone engaged in one to one client based work or running any group .

Current Bereavement Groups in Denbighshire district/area

Rhyl Catholic Church St Marys Wellington Rd- open to all –good social side trips Christmas dinner speakers etc

Contact Margaret Jones 01745

337331 last Sunday of the month 3pm

United reformed Church Water St **Rhyl** - last Friday of the month 2pm - 4pm Joyce Challis 01745 338747

Prestatyn - Trinity Church Gronant Rd

Prestatyn last Tuesday of the month 2pm-

4pm. Rev Rigby 01745 853483

Abergele Bereavement Support

The parish offers support to local people who have been recently bereaved. This support includes the **T Group**. The **T Group** meets on the **second Wednesday** of the month in St Michael's Parish Church from **3.00pm – 4.00pm**. The **T Group** meetings are organised by those who themselves have suffered a bereavement. They provide an opportunity of sharing experiences, happy or sad, in an informal atmosphere over a cup of tea and biscuits- transport available.

Anyone bereaved is welcome to attend these groups and can go along with a friend, neighbour or family member - no prior arrangements necessary. _

The groups have been set up for mutual support and are non religious in nature.

Compassionate Friends - The Community Centre Parliament St. **.Rhuddlan** -

last Thursday 7pm-10pm for anyone who has lost a child-grandparents are welcome. call Joan 01745 590200

Cruse Needs

Can anyone provide us with the use of small counselling rooms in Denbighshire for one to one bereavement support of one hour per week duration? Can anyone provide Cruse with a small office base in Denbighshire?

For any further information on our Jubilee Events , on looking into setting up bereavement support groups or, crafty group workshop or volunteering in the capacity of a support volunteer, befriender, fundraiser or helping on our Committee please contact us on :08445 617 856 or e mail: crusenorthwales@btconnect.com

Local families wanted!

During Foster Care Fortnight, 11-24 May, Denbighshire County Council will be encouraging local residents to find out more about fostering and help keep children in the local community.

There are currently a number of children of all ages in the Denbighshire area waiting for a stable home and family environment.

Fostering is often a temporary arrangement, and foster carers are needed in towns and villages across the whole county.

It does not matter whether you are single, a married or cohabiting couple, whether you own or rent your home.

What is important is that you are able to provide a home for a child. Support, advice and training are available for all carers and you will receive a weekly

allowance. As fostering is about more than "just parenting" you will most likely be faced with situations that may be unfamiliar or difficult. You won't be left to cope on your own. You will be part of the wider, professional team looking after the children who are placed with you. You will also receive financial support and on-going training and development.

If you are interested in finding out more:

· Call Denbighshire Family Placement Team on **0800 7313215** for a fostering information pack.

Or

· Join the information drop-in sessions on Monday, 18 May, 9am-5pm at Brighton Road, Rhyl for an informal chat, meet with members of the Family Placement Team and current foster carers.



Shelter Cymru are pleased to announce that they are now accepting applications for this year's Val Feld Award. Val Feld was the founding director of Shelter Cymru and worked tirelessly to improve the lives of women in Wales.

The 2009 Award is intended to recognise innovation and new ways of responding to homelessness, whether by an individual or a project working in Wales. They also welcome applications from individuals, or organisations who wish to undertake research into the issues around women, housing and homelessness; or to assist with the setting up of a new

project; or to help a further development of a proven project.

The winner will be presented with a £3,000 cheque and a bronze sculpture by Swansea artist, Helen Sinclair, at the Annual Conference on Friday 26th June, at the Village Hotel, Swansea. Previous winners include Wrexham Young Women's Project (Cymdeithas Tai Hafan) in 2005.

The application form and guidance notes can be obtained by contacting Mel Evans 01792 483072 or from the website www.sheltercymru.org.uk. If you're unsure about making an application then please contact Mel Evans to discuss the criteria.

How are we doing?

The Health, Social Care and Wellbeing Voluntary Sector network meeting on 8th April, looked at ways to monitor and evaluate services offered by 3rd sector organisations. Dave Worrall, from British Red Cross, gave a brief presentation, and introduced the “Recovery Star” monitoring tool, which is being led by the Mental Health Providers Forum in England. We have been told that we can use this tool, as long as we do not use it for commercial gain. However, if it is to be used with Mental Health service users, we should not alter it in any way. A copy of the Star can be found through Google, or from Lindsay Haveland (DVSC). The ladder of success is well written, and helps to capture the quality of the work we do, not just the numbers of people or projects we work with.

Andrea Fisher (Denbighshire County Council) talked about the House Proud scheme, which helps those who need alterations or repairs to their homes find workmen, and to get finances in place to do the work.

The next network meeting on 1st July is to look at rurality. This will tie in with the Rural Health Strategy consultation, which ends on 21st August. A copy of the strategy can be found on our website, and Lindsay would be happy to send it out, either electronically or hard copy.

NEXT MEETING : We look forward to seeing you at **10.15 on Wednesday, 1st July at the Naylor Leyland Centre.** Ring JoAnne Williamson on 01824 702441 to book your place and your lunch.

North Wales Clinical Strategy

Work has started on the transition to the new North Wales Local Health Board.

The six voluntary sector Health & Social Care facilitators were asked to nominate 12 people to be part of two Reference groups to make sure that the change to the new LHB will be smooth, and will look after the wellbeing of all service users and staff working in health and social care. There are still places available on these

groups, if anyone would like to join.

Three project teams have been set up to look at Unscheduled (emergency) Care, Mental Health and Primary & Community Care. There are teams for each project looking at what is already being delivered, if it is as good as it should be, what else needs to be provided, and how we can make sure that there is no post code lottery for treatment across North Wales. The work is being carried out in three 30 day periods, with two

weeks to discuss the ideas the teams have come up with.

If you would like to contribute to the discussions, please raise any concerns with me, Lindsay Haveland, or visit the website that has been set up, and where all the papers, discussions and recommendations to date can be seen.

www.wales.nhs.uk/NorthWalesClinicalServicesStrategy

On Tuesday, 28 April, The Care and Social Services Inspectorate Wales (CSSIW) announced a reform to the way in which social services are reviewed and inspected.

The reform has been developed following extensive consultation with local authorities and social care providers and aims to improve the inspection process.

The new framework stresses that local authorities are responsible for the quality and improvement of their social services.

The main elements of the new inspection system are:

- Local authorities will be required have an annual improvement plan for social services, which they will have to report on how it is being delivered in a public annual report;
- CSSIW will undertake a review and analysis of evidence underpinning the annual report including evidence

from other inspectorates and regulators;

- The analysis will result in an individual Inspection and Review Plan for each authority; and,
- All authorities will receive announced and unannounced visits annually.

Rob Pickford, the Chief Inspector of CSSIW, said:

The new arrangement continues to focus on ensuring that some of the most vulnerable people in society receive the care and support they need. Therefore it continues to place an emphasis on safeguarding children and adults and to promote their welfare, development and independence.

The new framework will be implemented from April 2009. CSSIW will work closely with stakeholders and key partners through the implementation process.

MAKE A FILM - change your world

The Co-operative is calling for budding young movie-makers who dream of changing the world to submit entries to the prestigious Co-operative Young Film-Makers Festival.

Youngsters, aged 19 and under, have until Friday 26th June to get their entries in for the 2009 Festival which will be held at Bradford's award-winning National Media Museum on Thursday, 8th and Friday, 9th October.

Through drama or documentary, animation or comedy, music video or silent movie, film-makers can tackle issues that concern them, such as climate change, Fairtrade, animal welfare or healthy living.



Alternatively they can make a movie about their life, community or experiences.



Entries should be no more than six minutes long and will be viewed and selected by a panel of media professionals and educationalists. Not only will film-makers get to see their work on the big screen at this major national venue but they can also take part in exciting events and masterclasses hosted by film experts, and receive feedback on their film.

To download an entry form and for useful film-maker information, advice sheets and more information log on to the website www.youngfilm-makers.coop

PASSION FOR LIFE

The Deputy Minister for Health and Social Services, Gwenda Thomas AM, will be showing her 'passion for life' when she visits Denbighshire on 18 May to support the Passion for Life scheme being piloted in the county.

Passion for Life is an exciting new scheme designed to enable older people lead the best possible quality of life they can, and not let their age affect their independence or their lives.

Denbighshire will be the first county in Wales to pilot this initiative developed in Sweden. The official goals of Passion for Life are: "To encourage older people to take responsibility for preventive work for as rich and healthy a lifestyle as

possible" and also to "find messengers who can communicate knowledge and methods and spread ideas".

Denbighshire is piloting this scheme focusing on the themes of Social Networks, Diet and Nutrition, Exercise, Safety in the Home and Creativity and Growth.

The scheme is put into practice through bi-monthly 'life cafés', where older people meet and are introduced to some simple improvement methods and supported to plan improvements to their quality of life.

For further information about Passion for Life, please contact Sandra Jones, Older People's Strategy Development Officer on 01824 712900.

The consultation on the document "Rural Health Planning - improving service delivery across Wales" has now begun. The consultation will run for 16 weeks and can be found at the following link: <http://wales.gov.uk/consultations/healthsocialcare/>

[ruralhealth/?lang=en](http://wales.gov.uk/consultations/healthsocialcare/)

We will be holding three regional consultation workshops at the beginning of June:

North Wales
Thursday 4 June 2009 at Venue Cymru in Llandudno, 9:30am – 2pm;

West Wales
Friday 5 June 2009 at

Aberystwyth University, 9:30am – 2pm;
South Wales
Friday 12 June 2009 at the Waterton Centre, Bridgend, 9:30am – 2pm.

If you would be interested in attending, please email ruralhealth@wales.gsi.gov.uk including which workshop you would like to attend.

Community Nursing Consultation

This document seeks views on the 43 recommendations of the proposed Community Nursing Strategy for Wales <http://wales.gov.uk/consultations/healthsocialcare/community/?lang=en> To allow for full discussion of the recommendations and the issues raised the consultation period will last for 16 weeks ending on 19th June 2009. All responses should be received by that date.